

Food for Thought

Vol 31, No 6

*an abridged monthly newsletter of East York Meals on Wheels
providing good food and social support through caring volunteers*

June 2020

Farewell

In the June 1990 edition of this newsletter - then titled The Friendship Express - we ran a piece welcoming our new Executive Director Anne MacNeill. Here I am all these years later, writing to welcome our new Executive Director Adriano Murarotto and to say a fond farewell to my EYMOW friends.

I certainly never planned to stay in this position for thirty years! But as time passed, I began to realize that it was a good place to work and it gave me the things that mattered: a sense of job satisfaction, a happy work environment, good people to work with and for, and an organizational culture that allowed me to balance all my responsibilities including those of parent, daughter, and wife.

So much has changed in those thirty years: I no longer have aging parents to care for, and my children do not need me so much, but happily I now have delightful grandchildren who want to spend lots of time with me and a husband who feels the same way. So it is time.

I have crossed paths with so many lovely people in the past thirty years and have developed lasting relationships with many. Clients, volunteers, staff and community colleagues have all added to the richness of my experience, and I thank you all for that.

I know I can count on our staff, board and new Executive Director to continue to put our clients front and centre in everything we do. My approach to our work has always been to watch the bottom line, knowing in my heart, that our bottom line is the people we serve.

Lacking a crystal ball, I did not anticipate retiring in the midst of a pandemic! Accordingly, handshakes and hugs are virtual. My fond best wishes for the continued success of EYMOW and all the people who make it a very special place.

- Anne

More New Volunteers

We are very happy to welcome these new Meals on Wheels volunteers, who came out to help when we needed extra hands and hearts during the covid-19 lockdown. Thanks for helping us keep the wheels under our meals!

Katie Fong Haley Mann
Alesandro Massaro Kieran Reid

Thanks also to our "old" volunteers who stuck with us in tough times.

Important Reminders for Volunteers

We are so lucky to have so many new volunteers. The training process for new volunteers had to be modified given pandemic restrictions. As a result, some of you may have missed a few key points, so here are some reminders:

- Please read the route sheet instructions every day. They change regularly so don't assume they are the same as yesterday!
- Please make sure you see your client. It is not OK to leave a meal without knowing that the client is home and well.
- Please ensure that if a client on a puree diet, receives a soup and dessert that is labeled pureed.
- * If you have questions while you are delivering, please call the office.

June Volunteer Anniversaries

Janet Marshall
17 years
Shawn Spencer
13 years

Thanks to you both.



Happy Birthday in June

Leila Alibhai, John Arnason, Raymond Asselstine, John Bilicz, Vicky Chartofylax, Susan Corner, Florence Daw, Hanif Doctor, Irene King, Gwen Lees, Mario Leray, Freda MacLellan, Alesandra Massaro, Shirley Maulucci, Wilena McKenzie, Margo Mingay, Ritchie Miyashita, Myrna Moore, June Murdoch, Earl Saltzman, Skantha Sivakadachaiyar, Ashley Smith, Veronica Smith, Raymond Stonall, Lynne Terris, Vassiliki Tsoulousas, Glen Whitfield, Benjamin Williston, and Amber Wollen. Congratulations!

Board of Directors

Donald Wallace, president
Earl Saltzman, vice-president
Thomas Moores, secretary-treasurer
Stacy Beach
Michelle Broom
Melissa Chin
Tameeza Dhanani
Justin Safayeni

Director Emeritus

Carl Peterson

Honorary Life Members

Alan Redway

Staff

Anne MacNeill, Executive Director, Privacy Officer
Lisa Mingay & Rosemary Scott, Sunday & Holiday Coordinators
Mary Skwarek, Diners Club Coordinator
Leslie Smith, Client Services Coordinator
Amber Wollen, Meals on Wheels Coordinator (on leave)
Canny Wu, Acting Meals on Wheels Coordinator

East York Meals on Wheels is a not-for-profit community service agency providing good food and social support through caring volunteers to enhance the well-being of East York residents. Founded in 1969, the agency is funded by client fees, memberships, donations, bequests, the Toronto Central Local Health Integration Network, and Toronto Community Services and is a registered charity (#: 12913 9366 RR0001). The agency is a member of Imagine Canada, the Ontario Community Support Association, and the Volunteer Centre of Toronto.

Through the generosity of donors and volunteers, over 400 people living in this community benefit from Meals on Wheels, Diners Club, and Telephone Reassurance services. We appreciate their contributions, which help seniors, people with disabilities and chronic illnesses, and convalescents to lead more independent and fulfilling lives. Please consider East York Meals on Wheels when making a memorial donation, celebrating a special occasion, or leaving a bequest.