

FROZEN MEAL PROGRAM (SPECIAL DIETS)

Agency: _____

For Delivery Week: _____

Name: _____

Route (Agency use only)

SPECIAL DIETS

Suitable for Gluten-Free, Lactose-Free, Low Sodium and Controlled Potassium & Phosphorus.

10012	Apple Pork	GF	LF	LS
10017	Beef & Vegetable Casserole	GF		LS
10018	Herbed Fish	GF	LF	LS
10020	Hawaiian Chicken	GF	LF	LS
10021	Turkey with Gravy	GF	LF	LS
10033	Chicken with Gravy	GF	LF	LS
10054	Pot Roast Beef	GF		LS

MINCED

17001	Beef Dinner	LF		
17002	Apple Braised Pork			LS
17003	Ham	LF		
17004	Chicken à la King	LF		LS
17005	Turkey Dinner	LF		
17006	Pesto Chicken	LF		LS
17009	Pasta Primavera	LF		
17010	Beef Stew	LF		LS
17012	Honey Dijon Pork	LF		LS
17013	Vegetarian Stew	LF		LS
17014	Sweet & Sour Chicken	LF		LS

PUREED

16001	Chicken à la King			
16002	Lasagna	LF		
16003	Apple Braised Pork			
16004	Macaroni & Cheese			
16005	Shepherd's Pie			
16006	Turkey Dinner			
16007	Beef & Vegetable Casserole			
16009	Pot Roast Beef			LS
16011	Sweet & Sour Chicken			
16016	Meatloaf			
16017	Lemon Herb Fish			
16018	Chicken Cacciatore	LF		
16020	Spaghetti Bolognese			
16021	Turkey Casserole			
16023	Creamed Salmon			

PUREED DESSERT

09011	Low Sugar Chocolate Mousse			
09021	Low Sugar Strawberry Mousse			LS
09041	Low Sugar Tangerine Mousse			LS

THICKENED SOUP

13053	Broccoli	LF		
13054	Carrot			
13055	Cauliflower			
13056	Chicken Noodle	LF		
13057	Mushroom			
13058	Tomato Beef	LF		

LOW SODIUM SOUP

93346	Low Sodium Chicken Noodle			LS
93347	Low Sodium Minestrone	LF		LS
93348	Low Sodium Tomato Lentil	LF		LS V
93349	Low Sodium Country Vegetable	LF		LS V

GF *Gluten Free*
LF *Low Fat*
LS *Low Sodium*
V *Vegetarian*

