



**East York
Meals on Wheels**

Annual Report 2021-2022

Table of Contents

Message from our ED	_____	01
Our Team at a Glance	_____	02
EYMOW Volunteers	_____	04
Impact by the Numbers	_____	06
Program Updates	_____	07
Spotlight: Bike Brigade	_____	09
Our Generous Donors	_____	10
Audited Financial Statements	_____	13
Community Partners	_____	15



Message From Our Executive Director

East York Meals on Wheels focuses on providing accessible and nutritious food to those in need. The people we serve include seniors, people living with disabilities, new mothers, people returning from surgery or illness, and those requiring temporary support while undergoing rehabilitation.

In the past year, more people than ever living in the city's east end relied on EYMOW's socially-focused food services. Our team of trained professionals responded to an increased level of requests for service. Many new clients indicated that they had skipped meals and had to choose between buying food and paying for other necessities like medication. In the extreme, they have faced recent hospitalization or homelessness. Our team has been there to ensure that support was in place for their return home.

Our team has also advocated for food security program reform in Toronto to ensure adequate food resources for individuals in need. We are working with local groups and government representatives to mobilize critical resources in the community.

As a result of hard work and excellent planning, EYMOW's brand awareness has increased significantly. As a result, more community members know about us and are eager to promote our programs. New donors, community partners, and funders have joined us in supporting our mission including United Way of Greater Toronto and the Salaam Centre.

During the year, our management team has made sweeping improvements to our core IT infrastructure. EYMOW now has upgraded accounting software and implemented a new donor management database.

We intend to extend our impact by serving MORE meals to MORE people than ever before.

We look forward to a future where we can insure food security for the most vulnerable residents in our community.

Thanks for your support!



Adriano Murarotto, MSW RSW
Executive Director



Staff

Adriano Murarotto, MSW RSW

Executive Director

Mary Skwarek

Operations Manager

Ana Gavino

Meals on Wheels Coordinator

Dawit Tadesse, BSW RSW

Social Worker

Meghann Fahey

Admin and Client Services Coordinator

Farah Alim

Assistant Coordinator

Laura Bellantone

Seniors Activities Student

Romodan Said

Halal Delivery Student

With thanks to: Amber Wollen, Graeme Hewson, Jillian Rago, Rosemary Scott,
Canny Wu

Board of Directors

Donald Wallace

President

Michelle Broom

Vice-President

Thomas Moores

Secretary-Treasurer

Stacy Beach

Melissa Chin

Tameeza Dhanani

Justin Safayeni

Mat Savulescu

Jill Krupa

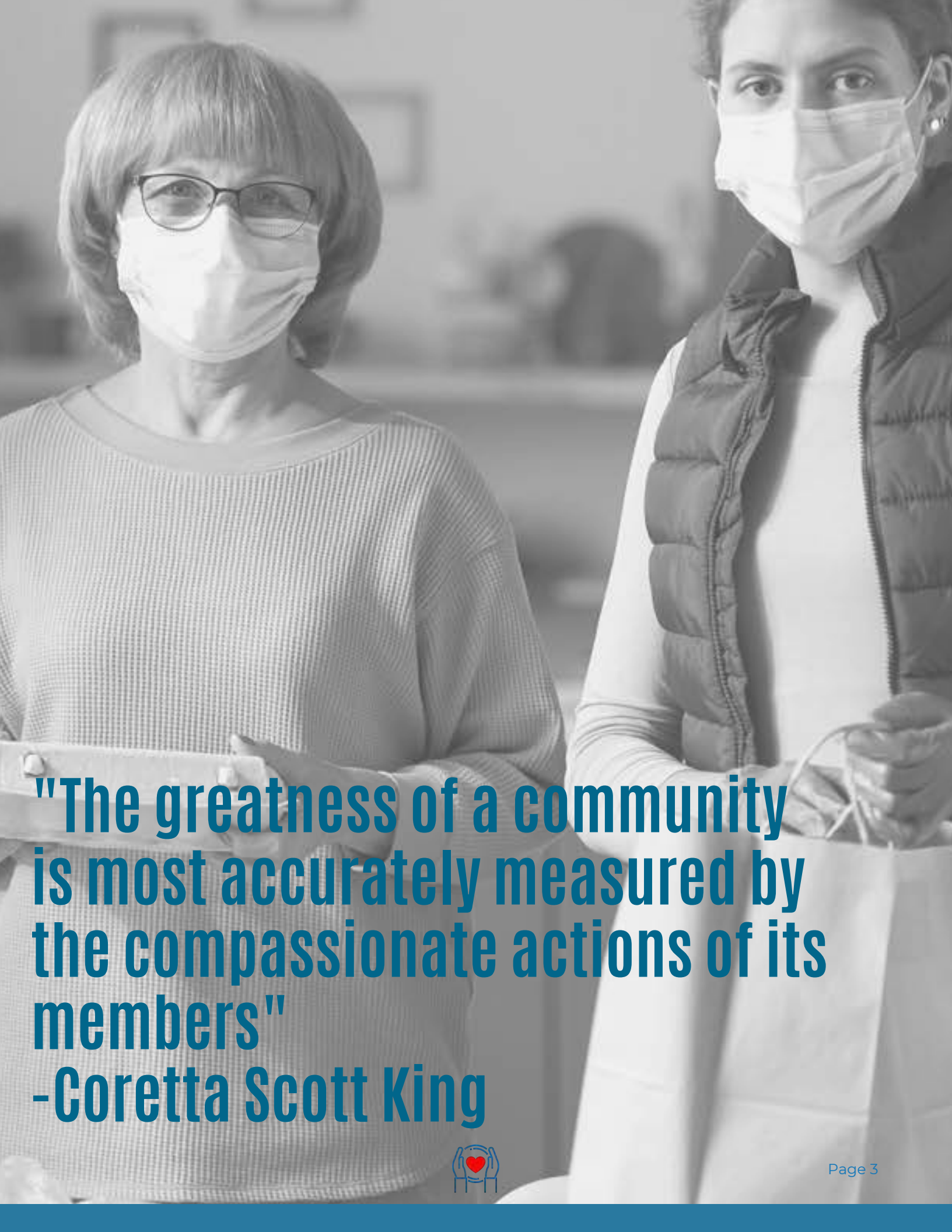
Director Emeritus

Carl Peterson

Honorary Life Member

Alan Redway





"The greatness of a community is most accurately measured by the compassionate actions of its members"

-Coretta Scott King





Our Dedicated Volunteers



Our Dedicated Volunteers

Colleen Acton
Tasdiq Ameem
Craig Anderson
Analise Anderson-Ma
Larry Bambrick
Paul Bazios
Stacy Beach
Brian Beamish
Ross Beer
Jo-Anne Beer
Ross Beer
Beth Bennington
Ravi Bhaskar
Michelle Broom
Darlene Brown
Patricia Burke
David Burke
Kelly Burke
Alison Chambers
Rosalind Chaundy
Bronson Chavez
Melissa Chin
William Chow
Steve Collins
Sharon Colman
Tyler Corlett
Andrea Corlett
Avner Coutinho
Cheryl Dan
Amna Dhanani
Tameeza Dhanani
Yvan Djarudi
Hanif Docter
Riga Evagelos-Rigopoulos

Cheryl Fearn
Andrew Fitzpatrick
Eileen Foley-Jung
Katie Fong
Steve Franjic
Sean Fyfle
Patrick Georgetti
Kathleen Gibbens
Jill Godin
Renee Godin
Rafael Granado
Roberta Gray
Kelsey Gunderson
John Harper
Wesley Highfield
Siobhan Hitchmough
Angela Inniss
Manish Jerath
Verrall John McEwen
Colleen Johnson
Christy Kaiser
Craig Keys
Lynne Kilpatrick
Cindy Knoll
Velma Ko
Jill Krupa
Krystian Libera
Parkash Mahant
Paul Mahant
Edelgard Mahant
Mayank Mahendrakar
Jacob Mahoney
Haley Mann
Donna McCarthy

Christopher Macdonald
Alex McDonald
Irene Miao-Glass
Nigel Millett
Thomas Moores
Harvey Nagelberg
Geoffrey Northcote
Olusegun Oyesanya
Joanne Pais
Jash Pathak
Bryce Paxton
Kelly Pollock
Kathleen (Casey) Rock
Jamie Paul Rock
Aaron Rozen
Justin Safayeni
Earl Saltzman
Midge Sandiland
Molly Saunders
Mat Savalescu
Barry Schneider
Lisa Sepp Wilson
Linda Sinclair
Ashley Smith
Shawn Spencer
John Spicer
Jakob Stad
Wynn Theriault
Hasan Tiftikci
Huseyin Tiftikci
Madeline Tonelli



Impact at a Glance



Meals on Wheels

300

Clients



500

Total clients served this year

35,546

Total meals served this year

5,083

Volunteer Hours

56

Volunteers

403

Home Visits

Halal Meals on Wheels

8,125

Halal meals served



184

Halal Meal Service Recipients



Telephone Reassurance



2079

Contacts

6

Volunteers

17

Clients

220Kg

Co2 Emissions saved



Program Updates

East York Meals on Wheels has experienced considerable growth within the last year despite the pandemic hurdles. We increased the number of Meals on Wheels clients served by 116 people and our Halal Meals on Wheels program has been a great success and grown greatly.

The Halal Meals on Wheels pilot program was born out of a desire to serve isolated, marginalized, or underserved community members. Thorncliffe park and Flemingdon Park are home to a sizeable Muslim community, and many people identified the need for affordable and healthy Halal meals. We partnered with HalalMeals™ and Bike Brigade to distribute delicious Halal meals. We started the Halal pilot program in July with 52 meals served and ended the year serving 2,324 meals in the month of March alone. We plan to extend this pilot program for another year. We're thrilled with the success of the program to date.

Our volunteer numbers have remained steady over the course of the year despite waves of Covid-19 illness that has affected everyone. Since October 2021 we have welcomed more than 20 new volunteers to EYMOW even as others have returned to their offices. Many volunteers stepped up during the winter months when we experiences some shortages are we are extremely grateful for their passion and kindness during this time.

Our Telephone Reassurance volunteers dedicated over a 1,000 hours reaching out to our clients and made over 2,000 calls!



Program Updates Continued

Our Diners Club program remained on hold for the second year in a row. Staff members stayed in contact with our clients throughout the year in hopes that the program would restart by the end of the year. We spent this time planning for a reopening while keeping the safety of our clients and staff members top of mind.

Home visits remained steady throughout the year all the while maintaining Covid-19 safety precautions. Our social worker maintained and strengthened client connections.

Our new Produce Delivery program was born in the spring of 2022! Building on the success of produce delivery models developed by various for-profit and not-for-profit enterprises, we wanted to offer a similar service to our clients without a computer. With affordability as our central aim, we instituted a pay-what-you-can system. The first delivery took place in April 2022, and we have delivered boxes to 22 clients every other week. We have plans to expand and improve upon this service in the coming year.

A major milestone in 2022 was the establishment of our Client Advisory Committee, comprised of four active and former clients. Their advice has proven to be invaluable as we improve our current programs and develop future programs and services.



Bike Brigade



EYMOW'S CYCLIST VOLUNTEERS



The Toronto Bike Brigade was founded in 2020 with the mission of pairing volunteer cyclists with community organizations that serve isolated and vulnerable communities to deliver essentials. Bike Brigade has partnered to deliver Halal meals since August, delivering thousands of meals by bike in the Thorncliffe Park neighbourhood.

Over the last year, 37 amazing cyclists have delivered over 3,927 meals to clients, in the sun, rain, and snow! Our Bike Brigade volunteers have ridden over 585 kilometers in East York and we are incredibly grateful for this collaboration and we look forward to the year ahead.



Our Thoughtful Donors

> **\$249.99**

Neya Abdi
Abdulaziz Abdulaziz Adat
Ramzan Ali Hassam
Tasdiq Ameen
Analise Anderson-Ma
Anonymous
Wendy Arnold
Ali Babwani
Paul Bazios
Brian Beamish
Jo-Anne Beer
Elizabeth Bennington
Ravi Bhaskar
Mary Braimah
Rosalina Brown
Susan Alice Brown
Parviz Budhwani
Fred Brunn
Bruce Bryden
Kelly Burke
Patricia Burke
Marilyn Carruthers
Alison Chambers
Hsin Chan
Zora Chandoo
Rosalind Chaundy
William Chow
Steve Collins

Sharon Colman
Tyler Corlett
Avner Coutinho
Susan Cuming
Saddurin Daya
Yasmin Daya
Shirley Dillon
Janice and Harold Duncan
Eileen Foley-Jung
Katie Fong
Sean Fyle
Dimitra Galineas
Nizar Gangji
Roshankhanu Gangji
Patrick Georgetti
Roula Giannidis
Rafael Granado
Khairoon Habib
John Harper
Amanda Harris
Marilyn Hayman
Yolanda Hernandez
Wesley Highfield
Rosemarie Hill
Sherbana Hussain
Sherbanu Gulam Hussain
Abdel Hussein
Ferial Hussein
Angela Inniss

Carol Irby
Margaret Jablonsky
Anne Jack
Fatima Jamal
Manish Jerath
NilouferJinnah
Farial Jiwa
Christy Kaiser
Lilufar Kanji
Nurkhatun Kanji
Yasmin Kara
Naseen Karim
Bahadurali Karmali
Leela Karsan
Amirali Kassam
Craig Keys
Lynne Kilpatrick
Velma Ko
Mark Kruk
Dita Kuhtey
Fatima Ladha
Rafiqa Ladhani
Lynne Laframboise
Gulshan Lalani
Nurbegum Lalani
Susan Lateneresse
Erika Latzsch
Janice Leet
Johnny Lin



Our Thoughtful Donors

Abdul Litteff Firasta
Carol MacWilliams
Edelgard Mahant
Jacob Mahoney
Abdul Majid Khabib
Ajay Malhotra
Haley Mann
Fatima Mawami
Christopher Mcdonald
Marjorie McLeod
Mumtaz Mitha
Hafez Mohariami
Sun Moke Yee
Patricia Moore
Jeff Moores
Patricia Mosdell
Mike Murakami
Adriano Murarotto
Shirin Nasser
Zulfikar Nathoo
Harvey Navelberg
Geoffrey Northcote
Joanne Pais
Reshma Parveen
Shafik Patel
Jash Pathak
David Pitt
Firoz Premji
Ibrahim Qashshou
Nancy Quarin
Mansur Rajan
Isolde B Reuter

Jamie Paul Rock
Aaron Rozen
Simin Safi
Rahman Salehi
Midge Sandiland
Fatehali Satchu
Ashiq Sayany
Amirtharajah Selliah
Irene Shimoda
Linda Sinclair
Veronika Smith
Gulzaar Sohal
Shamsah Somjee
John Spicer
Jakob Stad
Michael Stewart
Tanzilla Syed
Dawit Tadesse
Kian Terrado
Gulsan Tharani
Gulshan Tharani
Wynn Theriault
Hasan Tiftikci
Huseyin Tiftikci
Joan Tilt
Madeline Tonelli
Ryan Tudor- Roberts
Mehrun Valani
Farida Vallani
Peter Vandersteen
Sanjay Verma

Ankush Verma
Sylvia Viegas
Emma Wallace
Andrea Walsh
Stuart Wanlin
Mike Warren
Anne Washington
Jennifer Welsh
Jialin Wen
John Whelan
Heather Whetstone
Lois Williamson
Jessica Wirth
Janet Wood
Canny Wu
RaeesZafar
Firasta Zarina
Sandy Zupanic

\$250-\$499
Arthur Cheng
Kin Chan
Andrea Corlett
Hanif Docter
Graeme Hewson
Megan Kotze
Jill Krupa
Alex McDonald
Lorraine Michael
Rob Oliphant



Our Thoughtful Donors

\$250-\$499 CONTINUED...

John Spicer
Raymond Stonall
Grace Tanaka
Hasan Tiftikci
Fred Van Velsen
Sanjay Verma
Andrea Walsh
Heather Whetstone
Amber Wollen

\$500- \$2499

Anonymous
Michelle Broom
Anne Brown Brown
Darlene Brown
Susan Alice Brown
Alison Chambers
Kin Chan
Ruth Childs
Melissa Chin
Harold Duncan
Rosemarie Hill
Angela Inniss
Linda Johnson
Cheryl Julian
Rob Koppel
Janet Marshall
Judith M. Miles
Joanne Pais
David Pitt
Alan Redway
Lilian Rowe
Rahman Salehi
Bruce Shepherd
Shawn Spencer
Stephan Van Heerden

\$2500- \$50,000

Jo-Anne Beer
Marilyn Carruthers
Rosemary Chaplan
Susan Cuming
Larry and Ann Dunlop
Velma Ko
Cindy Knoll
Vanessa Magee
Ritchie Miyashita
Alice Nowaczyk
Alan Redway
Earl Saltzman
Barry Schneider
Anne Washington
Jennifer Welsh
Lois Williamson
Janet Wood

Special Thanks

Charities Aid Foundation
of Canada
The Benevity Community
Impact Fund
Women's Mosque Canada
The Toronto Children's
Breakfast Club

*Thank
you!*



Financial Statements

Summarized Statement of Income and Expenditures & Fund Balances, For the year ended March 31

2022

2021

	Operating	Reserve	Memorial	Total	Total
					REVENUE
Equipment Replacement					
Government grants	\$ 373,191	\$	\$	\$ 373,191	\$ 356,393
Program fees	173,081			173,081	169,279
Contributions Donations	50,831			50,831	51,490
Bequests					5,000
Food Service Partnerships/Social Capital	33,750			33,750	
Investment Income	3,645	223	12,437	16,305	13,278
Unrealized gain	1,661	102	5,667	7,430	24,442
	636,159	325	18,104	654,588	619,882
EXPENSES					
Salaries and benefits	346,005			346,005	319,378
Food	176,368			176,368	153,800
Occupancy	37,973			37,973	36,684
Other expenditures	112,522			112,522	91,036
Travel	7,520			7,520	8,204
	680,388			680,388	609,102
EXCESS (DEFICIENCY) OF REVENUES					
OVER EXPENSES	(44,229)	325	18,104	(25,800)	10,780
FUND BALANCE - Beginning	147,780	9,055	504,185	661,020	650,240
FUND BALANCE - Ending	103,551	9,380	522,289	635,220	661,020



Financial Statements

Note: The following is a summary of our Balance Sheet and Income Statement for the year ended March 31, 2022. Our full audited financial statements are available on our website or in our office.

Summarized Statement of Financial Position, March 31, 2022

	2022	2021
ASSETS	\$	\$
CURRENT		
Cash		28982
Short-term Investments	234864	249160
Accounts Receivable	18244	17199
Prepaid Expenses and HST Recoverable	12107	19765
	<u>275811</u>	<u>315106</u>
LONG-TERM INVESTMENTS	329466	329073
PREPAID EXPENSES	22249	28809
CAPITAL ASSETS	65938	34598
	<u>693464</u>	<u>707586</u>
LIABILITY & FUND BALANCES		
CURRENT		
Accounts payable and other liabilities	<u>45244</u>	<u>29566</u>
FUND BALANCES		
Operating	103551	147780
Equipment Replacement Reserve	9380	9055
Memorial	522289	504185
	<u>635220</u>	<u>661020</u>
	<u>693464</u>	<u>707586</u>



Our Partners

EYMOW has established valuable new linkages, while also maintaining the fruitful partnerships that have brought us through 52 years of operation. We would like to thank all of our sponsors, funders and suppliers for their support.



About Us!

East York Meals on Wheels is a not-for-profit community service agency providing good food and social support through caring volunteers to enhance the well-being of East York residents. Founded in 1969, the agency is funded by client fees, memberships, donations, bequests, United Way of Greater Toronto, the Ontario Health, Toronto Community Services and is a registered charity. The agency is a member of Imagine Canada, the Ontario Community Support Association (OCSA), and Volunteer Toronto.



Registered Charity Number #2913 9366 RR0001

Contact Us:
416-424-3322

info@eastyorkmealsonwheels.org



@eymealsonwheels

