



2020-2021 Annual Report

A Year of Accomplishments



East York Meals on Wheels

Nutritious Meals | Social Support | Volunteering

416 424 3322 | www.eastyorkmealsonwheels.org | East York, Ontario

A Message From Our Executive Director

Welcome! What a year this has been for us all!

During my first year at East York Meals on Wheels, our loyal and dedicated team has accomplished so much. The impact of the pandemic has been great and has really had a particularly disproportionate effect on the most vulnerable members of our community... seniors, racialized individuals, people living with disabilities, new mothers, and the under-housed. Many of them have already been subjected to social isolation well before the onset of the pandemic.

Unfortunately, at the height of the first wave we lost many volunteers, some of whom considered high-risk. Despite fear and uncertainty, some reliable members of our community showed up, keen to give back and ready to adorn new PPE to help keep our clients safe and to ensure that they received meals, that would carry them through multiple lockdowns and keep many of them out of hospital or long-term care. Some of these outstanding individuals volunteered countless hours and were readily available to us as backup at a moment's notice. The need for our community services were never be so broadly displayed as it was during this pandemic. Our essential services continue operating due to the new policies and procedures adopted to keep our clients, ourselves and our families safe. We are forever grateful for the support we received during this challenging time.

As a team, we overcame many real challenges, including keeping our clients, team and families safe, pivoting our programs to address the immediate need for mass vaccinations (including providing transportation to and from clinics), and modernizing a vast majority of infrastructure including our new Alayacare database, which has helped raise our standard of practice to a new level. Our Board of Directors also embarked on a strategic planning process for which the team went to great lengths to solicit feedback to help steer the agency into the future as we make bold moves to enhance our impact and presence in the community.

We were fortunate to have received two large donations from Dulux Paint on Laird, and cubicles, tables and chairs from TapMango. Each member of the team, including a few highly dedicated volunteers, took time to help with painting, signage and everything in between. We are so proud of our new office improvements and of the outpouring of support we received throughout the project.

As we embark on yet another exciting year, we want to thank you for your support and urge you to join us in our mission in making nutritious food accessible to all!



Adriano Murarotto, MSW RSW
Executive Director



Staff

Adriano Murarotto, MSW RSW

Executive Director

Miguel Fernandez

Program and Administrative Assistant

Canny Wu

Volunteer & Database Coordinator

Mary Skwarek

Diners Club Coordinator

Amber Wollen

Meals on Wheels Coordinator

Dawit Tadesse, BSW RSW

Social Worker

Rosemary Scott

Sunday & Holiday Coordinator

With thanks to: Mark Trusz, Anne MacNeill, Leslie Smith, and Lisa Mingay.

Board of Directors

Donald Wallace

President

Michelle Broom

Vice-President

Thomas Moores

Secretary-Treasurer

Stacy Beach

Melissa Chin

Tameeza Dhanani

Justin Safayeni

Mat Savulescu

Director Emeritus

Carl Peterson

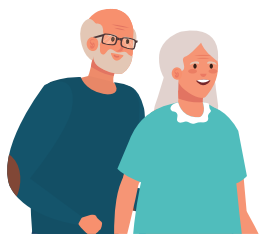
Honorary Life Member

Alan Redway

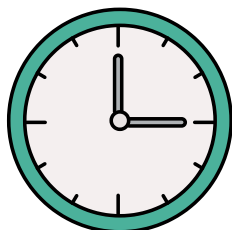
With thanks to: *Earl Saltzman*



Meals on Wheels



184
Clients



4504
Volunteer
Hours



447
Home Visits
by Staff



53
Volunteers

28,765

TOTAL MEALS SERVED

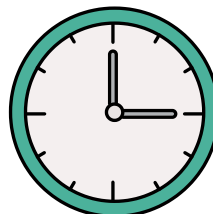
Telephone Reassurance



17
Clients



7
Volunteers



1103
Volunteer Hours



2207
Contacts





East York Meals on Wheels experienced many changes this year due to the pandemic. Our volunteers, staff, and clients remained resilient and open to change in these challenging times. We thank all our volunteers for dedicating their time to the agency, especially when we needed them most. We saw an increase in younger volunteers joining our agency this year, as well as an increase of volunteers from the food services industry. We also lost many long-standing volunteers.

In March 2020, Diners Club events came to an abrupt stop due to Ontario COVID-19 restrictions. The loss of socialization has been hard on our clients and we have tried to stay connected with them as best we can. We have tried to maintain contact until in-person activities can safely resume. The staff continue to mail newsletters to Diners Club members to keep them up to date.

Our Meals on Wheels program delivered approximately 3500 more meals than last year. We launched a pilot program offering Rose Reisman Frozen Breakfast menu items to our clients in addition to our existing hot meals and frozen menus. Orders remained steady and clients enjoyed the added breakfast menu options. Given the limited ordering for these offerings, we have wound down this program.





Services

The Telephone Reassurance team dedicated over 1,000 hours to supporting our clients. The number of clients and volunteers remained constant.

With the announcement of our collaborative vaccination registration effort for seniors in early 2021, the team and volunteers anxiously awaited confirmation of their first-dose appointments. Clients over 80 years of age and frontline/healthcare workers were prioritized for their first vaccines. The rollout has since expanded to staff, volunteers, and clients under 80. The agency has been working to ensure all clients, volunteers, and staff have access to vaccines.

Social work visits fluctuated throughout the year with the limitations placed on in-person interactions and a shift towards the virtual delivery of care. Since February 2021, home visits have steadily increased and returned to pre-pandemic levels.



Our Donors

>\$249.99

Charles Achampong
Alex Austin
Chris Ball
Paul Bazios
Brian Beamish
Jo-Anne Beer
Olive Bensley
Heather Brooks
Anne Brown
Darlene Brown
Susan Alice Brown
Betty Bruno
Dean Calhoun
Sandra Cardoso
Regina Carver
Marlene Champion
Marian Chiaramonte
David Christiani
Evangeline Christakos
City of Toronto LTC
Jacqueline Clark
Andrea Corlett
Tyler Corlett
Alliance Data
Shirley Davis
Lilly Delic
Nicolas Donis
Andrea Donlan
Siobhan Dooley
Emily Dugan
Harold Duncan
Margaret Esse
Sian Evans
Roy Fata
John Levi Ferrer
Katie Fong
Roula Giannidis
Francesca Di Girolamo
James Gorham
Neil Gray
Elizabeth Hill
Kate Hood
Kirsten Iler

Angela Inniss
Rob Jacklin
Linda Johnson
Michel Jones
Cheryl Julian
Margaret Foley Jung
Craig Keys
Lynne Kilpatrick
Joan King
Marianne Knight
Cindy Knoll
Rob Koppel
Mark Kruk
Jill Krupa
Dita Kuhtey
Rosemarie Kyla-Lassila
Nishad Lakhani
Shams Lakhani
Shams Lakhani
Devin Lapierre
Janice Leet
Peter Leong
Mario Leray
Helen Linzer
Joyce Lovell
Lino Luison
Carol MacWilliams
Jacob Mahoney
Consuelo Malong
Ilanna Mandel
Janet Marshall
Alex McDonald
Alex McDonald
Carrie McLaren
Lorraine Michael
Margo Mingay
Mary Jane Mingay
Jean Moffett
Jeff Moores
Thomas Moores
Harry  Ross

Teresita Ng
Alice Nowaczyk
Steve O'Connor
Rob Oliphant
Joanne Pais
PayPal Giving Fund Canada
Laura Polak
Alan Redway
Kieran Reid
Penny Reid
James Rhee
Diane Richardson
Beula Rivers
Joan Rodriguez
Bruce Ross
Rahman Salehi
Barry Schneider
Scotiabank
Daniel Scott
Donn Scott
Care Homes & Services
Bruce Shepherd
Michelle Simmons
Thelma Smith
Shawn Spencer
John Spicer
Gina Stenrod
Ruth Stern
Raymond Stonall
Jenny Sun
Grace Tanaka
Rajiv Taneja
Edan Tasca
Hasan Tiftikci
Huseyin Tiftikci
Fred Van Velsen
Ankush Verma
Sanjay Verma
Stuart Wanlin
Kathryn Watts
Maria Wells
Jennifer Welsh
John Whelan

Our Donors Continued

Heather Whetstone

Ben Williston

Hazel Wilson

Janet Wood

David Young

Matthew Young

\$250-\$499

Riding Association

Flemingdon Health Centre

Blair Dimock

Enbridge Gas Distribution

Margaret Foley Jung

Velma Ko

Four Seasons Hotel Limited

Roy Linden

David Pitt

Neil Roszell

Earl Saltzman

John Spicer

Joan Tilt

Anne Washington

Lois Williamson

Don Valley West (PLA)

\$500-\$2499

Anonymous

Rachel Adams

Charities Aid

Jean Ballinger

Michelle Broom

Maureen Cairns

Foundation of Canada

Giving Fund Canada

Marilyn Carruthers

David Christiani

Melissa Chin

Alliance Data

Larry & Ann Dunlop

Stanley Golden

Stephen Van Heerden

Rosemarie Hill

Vanessa Magee

Ahmed Makda

Peter McDonald

Ed Murl

CanadaHelps Partner

Paypal

Peerscale

Joel Planert

Janet Polimeni

Alan Redway

United Way

Greater Toronto

Donald Wallace

\$2500-\$50,000

Ontario Community Support
Association

Rosaria Carrozzier

RBC Foundation

Benevity Community Impact Fund

TapMango

Our Partners

IMAGINE
CANADA

Ontario



East Toronto
Health Partners

OCSA | Ontario Community
Support Association

TORONTO



Financial Statements 2020- 2021

Note: The following is a summary of our Balance Sheet and Income Statement for the year ended March 31, 2021. Our full audited financial statements are available on our website or in our office.

Summarized Statement of Financial Position, March 31, 2021


	2021	2020
ASSETS		
CURRENT	\$	\$
Cash	28,982	34,731
Short-Term Investments	249,160	183,093
Accounts Receivable	17,199	15,674
Prepaid Expenses and HST recoverable	19,765	6539
	<u>315,106</u>	<u>240,037</u>
LONG-TERM INVESTMENTS	329,073	434,249
PREPAID EXPENSES	28,809	---
CAPITAL ASSETS	34,598	20,112
	<u>707,586</u>	<u>694,398</u>
LIABILITIES & FUND BALANCES		
CURRENT		
Accounts payable and other liabilities	46,566	44,158
	<u>46,566</u>	<u>44,158</u>
FUND BALANCES		
Operating	147,780	131,552
Equipment replacement reserve	9,055	8,558
Memorial	504,185	510,130
	<u>661,020</u>	<u>650,240</u>
	<u>707,586</u>	<u>694,398</u>



Summarized Statement of Income & Expenditures & Fund Balances, for the year ended March 31, 2021

	OPERATING	EQUIPMENT REPLACEMENT	MEMORIAL	2021 TOTAL	2020 TOTAL
	\$	\$	\$	\$	\$
REVENUE					
Government grants	356,393	----	----	356,393	306,200
Program Fees	169,279	----	----	169,279	156,032
Donations	51,490	----	----	51,490	42,221
Bequests	----	----	5,000	5,000	8,646
Investment income	2,686	322	10,417	13,278	13,708
Unrealized gain (loss) on investments	4,945	175	19,175	24,442	(16,695)
Miscellaneous	----	----	----	----	----
	584,793	497	34,592	619,882	510,112
EXPENSES					
Salaries and benefits	319,378	----	----	319,378	285,267
Food	153,800	----	----	153,800	140,909
Occupancy	36,684	----	----	36,684	31,757
Other expenditures	91,036	----	----	91,036	49,551
Travel	8,204	----	----	8,204	13,279
	609,102	----	----	609,102	521,763
EXCESS INCOME (EXPENDITURE)					
BEFORE INTER-FUND TRANSFERS	(24,309)	497	34,592	10,780	(11,651)
Inter-fund transfers	40,537	----	(40,537)	----	----
CHANGE IN FUND BALANCE FOR YEAR	16,228	497	(5,945)	10,780	(11,651)
FUND BALANCE - beginning	131,552	8,558	510,130	650,240	661,891
FUND BALANCE - ending	147,780	9,055	504,185	661,020	650,240





**"There are those
who give with joy,
and that joy is
their reward."**

- Khalil Gibran



Our Dedicated Volunteers

Colleen Acton
Larry Bambrick
Paul Bazios
Brian Beamish
Jo-Anne Beer
Ross Beer
Beth Bennington
Ravi Bhaskar
Doreen Binder
Darlene Brown
Kelly Burke
Rosalind Chaundy
William Chow
Sharon Colman
Andrea Corlett
Cheryl Dan
Lily Delic
Amna Dhanani
Emily Dugan
John Levi Ferrer
Katie Fong
Roula Giannidis
Jill Godin
Renee Godin
James Gorham
Roberta Gray
John Harper
Angela Inniss
Rob Jacklin

Margaret Foley Jung
Craig Keys
Lynne Kilpatrick
Cindy Knoll
Velma Ko
Jill Krupa
Nishad Lakhani
Shams Lakhani
Krystian Libera
Paul Mahant
Parkash Mahant
Edelgard Mahant
Jacob Mahoney
Haley Mann
Alessandra Massaro
Donna McCarthy
Alex McDonald
Chris Mcdonald
Irene Miao-Glass
Mary Jane Mingay
Thomas Moores
Sohaib Naeem
Harvey Nagelberg
Laurel Neal
Steve O'Connor
Kerri O'Neill
Shannon O'Neill
Shaolin O'Neill

Joanne Pais
Kieran Reid
Penny Reid
Casey Rock
Jamie Paul Rock
Bruce Ross
Earl Saltzman
Barry Schneider
Ashley Smith
Shawn Spencer
John Spicer
Edan Tasca
Hasan Tiftikci
Huseyin Tiftikci
Jay Tse
Peter Turley
Fred Van Velsen
Ankush Verma
Sanjay Verma
Mamta Verma
Emma Wallace
Andrea Walsh
Stuart Wanlin
John Whelan
Heather Whetstone
Michael Whitney
Lisa Sepp Wilson
Janet Wood
Tyler Corlett

About Us!

East York Meals on Wheels is a not-for-profit community service agency providing good food and social support through caring volunteers to enhance the well-being of East York residents. Founded in 1969, the agency is funded by client fees, memberships, donations, bequests, the Toronto Central LHIN, and Toronto Community Services and is a registered charity.

The agency is a member of Imagine Canada, the Ontario Community Support Association (OCSA), and Volunteer Toronto.



@eymealsonwheels

Registered Charity Number #2913 9366 RR0001



Contact Us:
416-424-3322
info@east yorkmealsonwheels.org